



10 Lines on Apple in English for All Classes

Description

[Apple](#) is a really tasty fruit. Lots of people love to eat apples. Even it's is one of my favorite fruits. Today we are going to share 10 sentences on the apple; I hope you will know about this fruit briefly from these lines. These lines are really important for every class student; we are providing the lines for every class. You should find your suitable lines.

10 Lines on Apple for Class 2, 3, 4

1. Apple is my favorite fruit.
2. I love eating an apple so much.
3. This fruit is mainly found in the winter season.
4. Apple's color is red, but sometimes there are green apples too.
5. The only hilly region has the Apple garden.
6. [Doctors](#) suggest this to eat for better health.
7. There are small seeds inside the apple.
8. It is well known and you will find it everywhere in the world.
9. It has calories that are really important for our health.
10. We should eat a minimum of one apple a day.

10 Lines on Apple for Class 5, 6, 7

1. There is no hesitation that apple is the most popular and well-known fruit in the world. People from

every corner of the world eat an apple.

2. This fruit is really popular because of its taste and nutritious value. Red and green two colors apples are mostly seen in the world. You will find some rare types of apples too.

3. In some cases, it can help you to reduce your weight. Doctors often suggest eating apples for their patient who wants to maintain proper weight or who wants to reduce body weight.

4. Apple may decrease the risks for your heart diseases. There are some researches where the experts have found that it is a really good fruit for your heart health. So if you want to keep your heart healthy, you should eat an apple each day.

5. It has small seeds inside the apple, and you can grow an apple tree in your place with these seeds. But you need to follow the proper guideline to do that.

7. Apple gardens are mostly seen in the hilly region. They grow better in hilly regions and that's why most of the gardens are there.

8. There is a huge amount of apples in the country, and the prices are also under control. That's why everyone can buy this.

9. Apple juice is really tasty. Anybody can make apple juice with a simple blender. You just need to see a tutorial on YouTube.

10. I love eating apples and I suggest everyone eat. Because it helps to keep diseases away.

10 Lines on Apple for Class 8, 9, 10

1. There is a saying, 'An Apple a Day Keeps the Doctor Away.' That's means if you eat an apple every day, it will keep the doctor away and keep you healthy. We can assume the nutrition value of this fruit from this proverb.

2. Most of the doctors suggest apple for their patients to eat regularly. It's a well known and mostly found fruit. You will find it everywhere in the country.

3. There are different sizes of apple. I love eating the small size, they are really tasty. I found red apples are too sweet and it's really tasty to eat.

4. If you are having diabetes and you need to eat less, then Apple could be a really good food option for you. It controls the calories in your food and let you eat fewer calories. Some research has proved that when a person starts their meal with apple juice they take fewer calories than the person who didn't take apple juice.

5. When you are eating apples regularly, you have to have a lower risk of being cancer. This is a huge reason. We just need to keep eating this amazing fruit at least for this reason.

6. Apple is good for your bone health. A regular eater feels better in your bone health.

7. It contains compounds that help you to fight against Asthma. So, it's a highly important and interesting fruit for Asthma patients.
8. If we talk about more health benefits of apple, then I need to add brain function. This fruit helps us to protect our brains.
9. If you want to get better skin and flesh, you need to eat 2 cups of apple daily. A regular size apple is about 1.5 cups.
10. This ultimate source of vitamin C and fiber is really important for every aged people.

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- [10 Lines on School Picnic I Enjoyed](#)
- [10 Lines on My Family in English](#)
- [10 Lines on My Father in English](#)
- [10 Lines on My Pet Dog in English](#)
- [10 Lines on Durga Puja in English](#)
- [10 Lines on My School Library in English](#)
- [10 Lines on Save Water in English](#)
- [10 Lines on Healthy Food in English](#)
- [10 Lines on Myself in English](#)
- [10 Lines on Taj Mahal in English](#)
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